

There are three key parts to the Highest Awards; sustainability, measurability, and identifying a root cause of an issue. As girls progress through the Highest Awards, these key parts will look different.

For the Silver Award girls should demonstrate an understanding of sustainability, identify at least one root cause of their community issue and provide the method where the root cause will continue to be addressed as well as understand the importance of connecting with community partners. Girls should also demonstrate an understanding of measurability and other communities who have experienced or addressed their issue either nationally or globally.

HEALTHY RELATIONSHIPS

1. VIOLENCE PREVENTION

- Set up a program at a local elementary school to show kids why violence is not the answer.
- Include conflict resolution activities.

EDUCATION

2. TUTORING

- Establish a peer tutoring program in your school, an after school care program or elementary school.

3. CAREER FAIR

- Hold a career fair for younger kids by bringing in people from different sectors of the business community to talk about their field.
- Organize a gigantic career fair for middle school students and parents inviting professionals to give advice on secondary education options and the prep necessary to be successful in those choices.

4. LIBRARY READING NOOK

- Design and create a reading nook at a public or school library and collect books to fill the new space.
- Create a reading program to be held in the new space.

SPORTS

5. SPORTS CLINIC

- Hold a sports clinic to introduce kids in low income areas to different sports.
- Have coaches/experts in the sports come and give sessions.
- Choose one sport or many.

ARTS, CULTURE & HERITAGE

6. MUSIC CLINIC

- Hold a music clinic to introduce younger kids to types of musical instruments and music.
- Consider also teaching them the basics of music reading and playing an instrument.

7. CULTURAL AWARENESS

- Plan an event or workshop that showcase how we are all alike rather than different.
- Or do a similar event/workshop about physical or mental disabilities.

8. NURSING HOME DANCE NIGHT

- Learn different dances and organize a dance at a nursing home.
- Have a dance workshop prior to the dance to teach the residents different dances.

HEALTH

9. DRUG PREVENTION

- Organize a drug prevention program or workshop at your school or for your community.
- You could create a video to be posted on YouTube or be used in the future.

10. COLORING BOOKS

- Design and publish a coloring book for hospital/clinic waiting rooms or children's shelters.
- Have a theme such as Health and Safety or Personal Hygiene.

11. NUTRITION

- Learn about nutrition, the cost of food and then learn to prepare an easy inexpensive meal.
- Collect the necessary items for this meal, create a recipe card and work with your local food pantry to distribute your meal to those in need.
- You could create a recipe book with other inexpensive nutritional meals for the food pantry to distribute.

12. SLEEP HABITS

- Create a skit and or/short story about the importance of young children getting enough sleep, and perform your skit or read your story at a daycare or preschool facility.
- Put together a sleepy time bag for the kids – it could include a book, puzzle, game, small stuffed animal.

13. SKIN CANCER EDUCATION

- Create an educational pamphlet about skin cancer and prevention to distribute to youth sports teams etc.
- Collect sunscreen to distribute to coaches, players and parents along with your pamphlet.

14. KIDS HEALTH DAY

- Hold a Kids Health Day and invite doctors, dentists, nurses, EMT police, firefighters to do safety presentations about things like fire safety, bike safety, teeth, immunizations, home safety.

ANIMALS

15. PET EDUCATION

- Host a pet education class that talks about pet care, how to tell if it is the right time to have a pet, pet health, and educates about the importance of service animals.

ENVIRONMENT & SUSTAINABILITY

16. RECYCLING

- Educate students at your school about recycling and composting and work with the school cafeteria to have a recycling and composting station in an effort to reduce cafeteria waste.

17. REDUCING PLASTIC WATER BOTTLES

- Petition your school or local government to install a water bottle refilling station and educate students/public about the importance of keeping plastics out of the landfill.

18. BUTTERFLY GARDEN

- Learn about which plants/flowers attract butterflies and design a butterfly garden in your community.
- Educate your community about the importance of butterflies in the eco-system.

POVERTY

19. HOMELESS SHELTER

- Learn about homelessness in your community and partner with a homeless shelter to redesign and restore a room in their facility.
- Food pantry garden. Working with a local food pantry that serves families with food insecurities, create a sustainable food garden. Local students and community members can manage and harvest crops to help those in need year round.

CIVIC ENGAGEMENT

20. BUILDING EQUIPMENT

- Plan and build a picnic table/shelter or playground equipment for a community facility/park.