

Junior Workbook for Earning Your Bronze Award



girlscouts 
of southern arizona

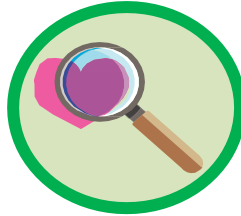
Bronze Award at a Glance

7 Steps to the Bronze Award



Prerequisite:

Go on a Junior Journey, including the Journey Take Action Project.



Step 1:

Identify issues that you're passionate about and how they affect your community.



Step 2:

Build your team. Your team can be a troop or part of a troop. You can be a group of individually registered girls, or a girl who has arranged to work with friends.



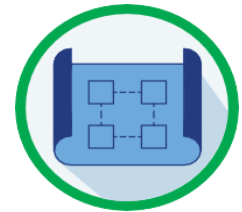
Step 3:

Explore your community to learn about community issues that interest you. This can be your school, your neighborhood, Girl Scouts, or your faith-based community. Share what you've discovered with your team.



Step 4:

Choose a project. Research your team's top community issues, discover root causes, and decide on a Bronze



Step 5:

Make a plan and submit your project proposal to carry out your Bronze Award Take Action project.



Step 6:

Put the plan in motion. Spend 20 hours each to earn the award. Your planning time counts too. Use the log in our guide to track your time.



Step 7:

Spread the word about your project when you're done. Inspire others! You can give a presentation at your school or to your service unit or to another troop.



Step 8: Then...

Submit a final report by February 1st or before September 30th after you finish 5th grade to share your experience with Girl Scouts of Southern Arizona

GET READY FOR A *BIG* ADVENTURE!

The Bronze Award is the highest honor a Girl Scout Junior can achieve. When you work on the award, you'll get a chance to use your unique skills and explore your interests. And you'll have a chance to make a real difference in your community.



Troop 312 identified a need for the on campus pre-school at Miller Elementary to experience environmental textures and touch. Going with a space theme, they created several paths that exposed the students to different textures and provided several sensory activities in the out of doors. Incorporating movement and academic exercises, the sensory walks at Miller Elementary are a feast for all their senses.



Reducing plastics to help save the ocean became the focus of Troop 418's Bronze Award. Researching the effects of plastics on aquatic animals, they created a YouTube video demonstrating the numerous ways to recycle plastic. From bottle cap murals to planters to building blocks, they provided alternate items to reduce plastic waste.

ABOUT THE BRONZE AWARD

The Bronze Award Take Action project is special. It will be different than other projects you've done as a Girl Scout, like collecting coats for the homeless or pet food for an animal shelter.

These projects are great. But with the Bronze Award project, you'll take a deeper look at a community issue. You and your team will research to understand what causes the issue. You'll think of solutions. And, you'll work with the community to complete your project. That's what makes the Bronze Award project a Take Action project!




HERE'S HOW TO GET STARTED

Let's get going! You'll need to check these three items off your to-do list before you begin working on the Bronze Award:

YOU'RE READY WHEN...



- ✓ You are in fourth or fifth grade
- ✓ You are a registered Girl Scout Junior
- ✓ You've completed a Girl Scout Junior Journey, including a Take Action project

 Your Junior Journey is important. In fact, completing it is the first step in earning the Bronze Award. If you've already done a Junior Journey, including a Take Action project, start with the reflection activity. Then move on to Step 1 of the Bronze Award.



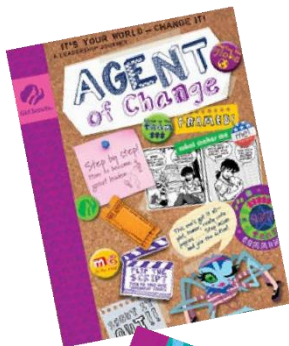
Prerequisites

Doing a Journey will help you build skills like planning and working with a team. As you work on a Journey, you'll also have new experiences like meeting people in your

community. You'll need these skills and experiences to succeed on your Bronze Award Take Action project. You'll also earn new leadership awards that you can be proud of.

What Junior Journey sparks your interest?

Choose from these Junior Journeys:



☐ ***It's Your World—Change It!***

Explore your own talents and learn about women who have made the world better. As you follow along in *Agent of Change*, you'll also discover the benefits of teamwork—whether it's talking about energy use, helping a local food bank, or using your unique talents in other ways.



☐ ***It's Your Planet—Love It!***

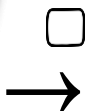
As part of *GET MOVING!*, you'll go for nature walks, interview power-use experts, and conduct energy audits of local buildings. Then complete a Take Action project by launching carpooling, working to dim the lights on city buildings, and promoting energy savings at school.



☐ ***It's Your Story—Tell It!***

Exploring new roles and busting stereotypes are just two of the activities you'll enjoy on the *aMUSE* Journey. Whether it's role-playing, speaking to actors about their characters, or starting a “mix-it-up” day to meet new classmates, you'll develop increased confidence and inspire others.

Or choose these digital Junior Journeys: (find them in the Volunteer Toolkit)



Think Like an Engineer

You'll discover how to think like an engineer by participating in hands-on design challenges and completing a Take Action project.



Think Like a Programmer

You'll learn how programmers solve problems, participate in interactive computational-thinking activities, and complete a Take Action project.



Think Like a Citizen Scientist

In this Journey, you'll practice the scientific method by undertaking a citizen science project. You'll make observations, collect data, and work with scientists who provide feedback on research and findings. Then, you'll complete a Take Action project.



Outdoor

Deepen your outdoor skills and learn about protecting the environment when you go outdoors. Plan a Take Action project that makes your favorite outdoor space a better place.

Use the Award and Badge Explorer to learn more about Journeys.
Find it at girlscoutssoaz.org under
Members > For Girl Scouts > Badges, Patches & Journeys

Once you've completed your Journey, reflect! Your answers may help you tackle your Girl Scout Bronze Award.

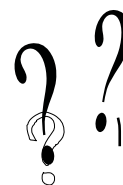


REFLECT!

WHAT DID YOU DISCOVER
ABOUT YOURSELF?



WHO DID YOU
CONNECT WITH?



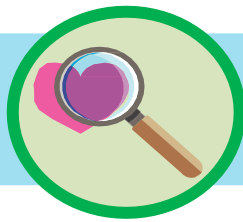
HOW DID YOU USE THE
GIRL SCOUT LAW DURING
YOUR JOURNEY?

FANTASTIC!

HOW DID YOU TAKE ACTION?



What did you learn by doing a Journey?



Step 1: Identify issues



How to start? Begin with your passions! What makes you excited? What do you love to do? What have you always longed to know more about?

Then, look to your community. What are the challenges? Who could use some help? Is there a way to bring your passions to the community to make the world a better place?

There are no wrong answers – no pressure. In this step, you're simply exploring, jotting down what comes to mind.

Use the chart on the next page to help you find the issues that interest you.



Tip: Once you begin this step, start tracking your time so you don't get stuck trying to recreate it at the end. Each Junior should spend approximately 20 hours working toward the Bronze Award. Track your time using the Time Log found in the template section, a spreadsheet, or a piece of paper—just don't lose it.

What issues are you passionate about?	Why are these issues important to you?	How do these affect your community?
<i>Environment</i>	<i>Trees are essential for so many animals. I see a lot of trees being cut down to make room for new buildings.</i>	<i>There is less space for the birds and their nests.</i>
<i>Education</i>	<i>I want to be a teacher and I enjoy working with kids.</i>	<i>All children should be able to learn and have fun while doing it. More tools are needed to assist teachers in keeping learning fun.</i>

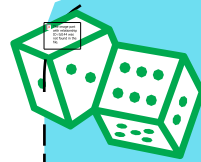


Step 2: Build Your Team

Earning a Bronze Award is a team project.

You and other Girl Scout Juniors will go on this adventure together. Your team can be made up of 7 girls from your troop or girls from another troop can join your team. Don't know any other Girl Scout Juniors? Friends can be on your team—as long as they are in fourth or fifth grade.

After you've built your team, hold a Even if you've been in a troop together or friends for years, see if you can discover something you didn't know! Play a game or two to get the ball rolling. Try "ROLL WITH IT".



ROLL WITH IT



What you'll need:

Dice.

What to do:

Sit in a circle.

Each person has a chance to roll the dice and answer a question based on the number rolled.



What is your favorite Girl Scout experience and why?



What one thing would you change in the world and why?



Where is your favorite place to be and why?



What is one of your strengths? When did you use it?



Who do you most admire and why?



WILD CARD—
you can answer any question you'd like!



Then, think about the things you love to do.

Do you love spending time with friends? Whipping up a treat or two in the kitchen? Being outdoors? Building a robot in your room? Does a good book or a zip line make you happy? List it all. Then share your list with your team. You'll learn about the interests and talents of your teammates. Some of these may be useful to know for your Bronze Award project. And some will just be fun!

IN MY
FREE TIME
I LIKE TO:

THESE MAKE
ME HAPPY:

MY BEST
MEMORY IS:

I'M
INTERESTED
IN:

THESE ARE
MY TALENTS:

I'VE ALWAYS
WANTED TO
LEARN:

Before you end your first team meeting, decide on team rules.

HINT: Use the Girl Scout Law as your guide.



Step 3: Explore Your Community

Earning the Bronze Award is an adventure. Start by exploring. Take a look at what's going on around you. That's the best way to come up with project ideas that will make a difference.

Take a fresh look at your community: your block, your neighborhood, your school. As you walk, bike, or ride, keep your eyes open for ways you and your team can make a positive change. Look for problems that could be fixed or improved.

Use the chart on the next page to keep track of your ideas. Follow the example if you need help getting started.



YOU CAN USE THESE IDEAS TO HELP YOU OBSERVE:



Keep an open mind. Ideas can come from anywhere. Are students wasting paper in school? Would your neighborhood be improved with a wall mural? Is there a missing sidewalk that makes walking difficult? Observations like these may be a Bronze Award project.



Make it a team activity. Get together as a group to walk your school or block. Discuss what you see.

IF YOU'RE STUCK:

Think about something that would make your own life better. Chances are good that others have the same need.

Here's an example: Maybe you feel like you should get more exercise so that you'd be healthier. But you don't know how to get started. Other people probably feel the same way. You could create a "Let's Move It" club that meets a few days a week after school. You could learn jump rope techniques, run races, organize games—anything that keeps you and others active.



My Observation Chart

What I see...
(list your observations)

Example:

I see many cars screeching in front of school.
Drivers go too fast. Drivers on phones.
Crosswalk not visible, paint is faded.

**Maybe our
team could...**

(list your ideas for making a difference)

We could talk to the city about painting the
crosswalk. We could learn about crosswalk
safety and start a program at school to teach
students. We could hang flyers to remind
parents to practice safe driving.



Step 4: Choose Your Bronze Award Project

1

Meet with your team. Share your observations. Choose the ones you're most excited about!

2

Make a list of the team's top observations.



Observations



3

Brainstorm how your team might make a difference.



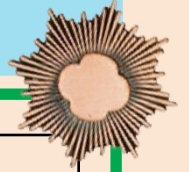
Brainstorm Ideas



Use a separate piece of paper if you need more room!

4

Work together to choose the top three topics/issues that interest the team.



TOPIC 1:

TOPIC 2:

TOPIC 3:

5

Get information! Research to understand the root causes of the three topics/issues and to find solutions.



You can research at the library (books, magazines, newspapers) and online. Read and sign the [Girl Scout Internet Safety Pledge](#). *It's also a good idea to talk to experts.* You might find it hard to talk to adults about your project, especially if you don't already know them. Start with people you know first, like your teachers and neighbors. Speaking with adults like these first can help boost your confidence. When you do talk with others, go as a team. You'll find it helpful to be in a group.

6

Take Notes. Use the project idea sheets on the next few pages to keep track of what you learn when you research.

Here's an example:

PROJECT IDEA #1

OBSERVATION:

Lots of cars screeching in front of our school

WHAT I READ OR
WHO I TALKED TO:

Crossing guard
and kids at school

WHAT I LEARNED:

Drivers drive
too fast

Crosswalk isn't
very visible

Drivers are
on their
phones

The paint is
faded.

MAYBE WE COULD...

Talk to the city
about painting
the crosswalk.

Post signs or hand out
flyers reminding parent
drivers not to text and
drive.

PROJECT IDEA #1 _____

OBSERVATION:

WHAT I READ OR
WHO I TALKED TO:

A diagram consisting of two rectangular boxes with green borders. A horizontal line connects the right side of the left box to the left side of the right box. In the center of this line is a black knot-like shape, resembling a figure-eight or a simple knot, with small purple circles at the points where the line enters and exits the knot.

WHAT I LEARNED:

A large, empty rectangular box with a black border, intended for writing the response to 'WHAT I LEARNED:'.

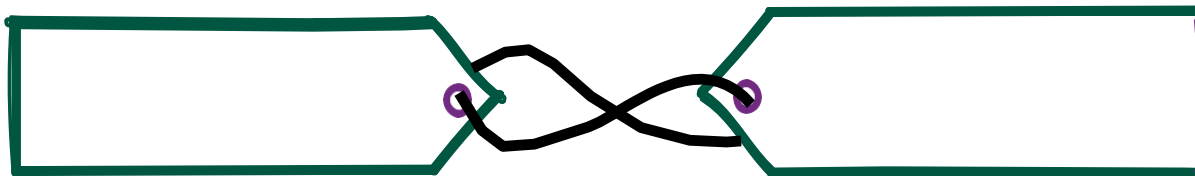
MAYBE WE COULD:

A large, empty rectangular box with a black border, intended for writing the response to 'MAYBE WE COULD:'.

PROJECT IDEA #2 _____

OBSERVATION:

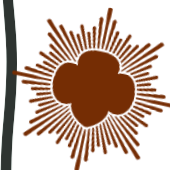
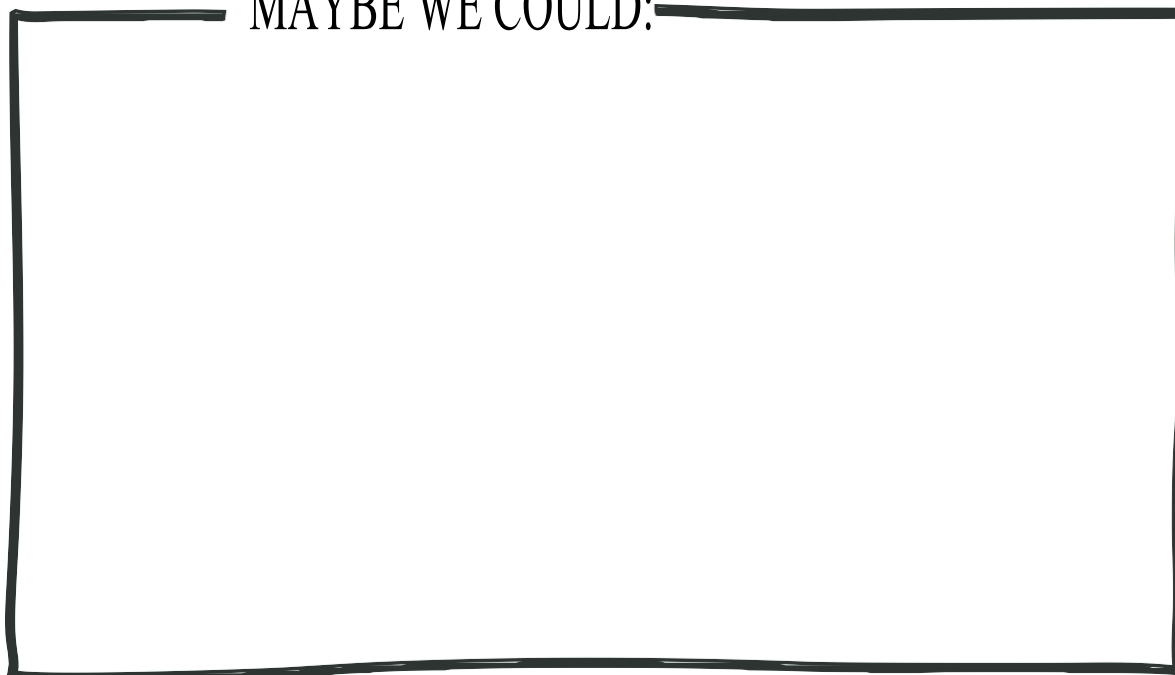
WHAT I READ OR
WHO I TALKED TO:



WHAT I LEARNED:



MAYBE WE COULD:





PROJECT IDEA #3 _____

OBSERVATION:

WHAT I READ OR
WHO I TALKED TO:



WHAT I LEARNED:



MAYBE WE COULD:

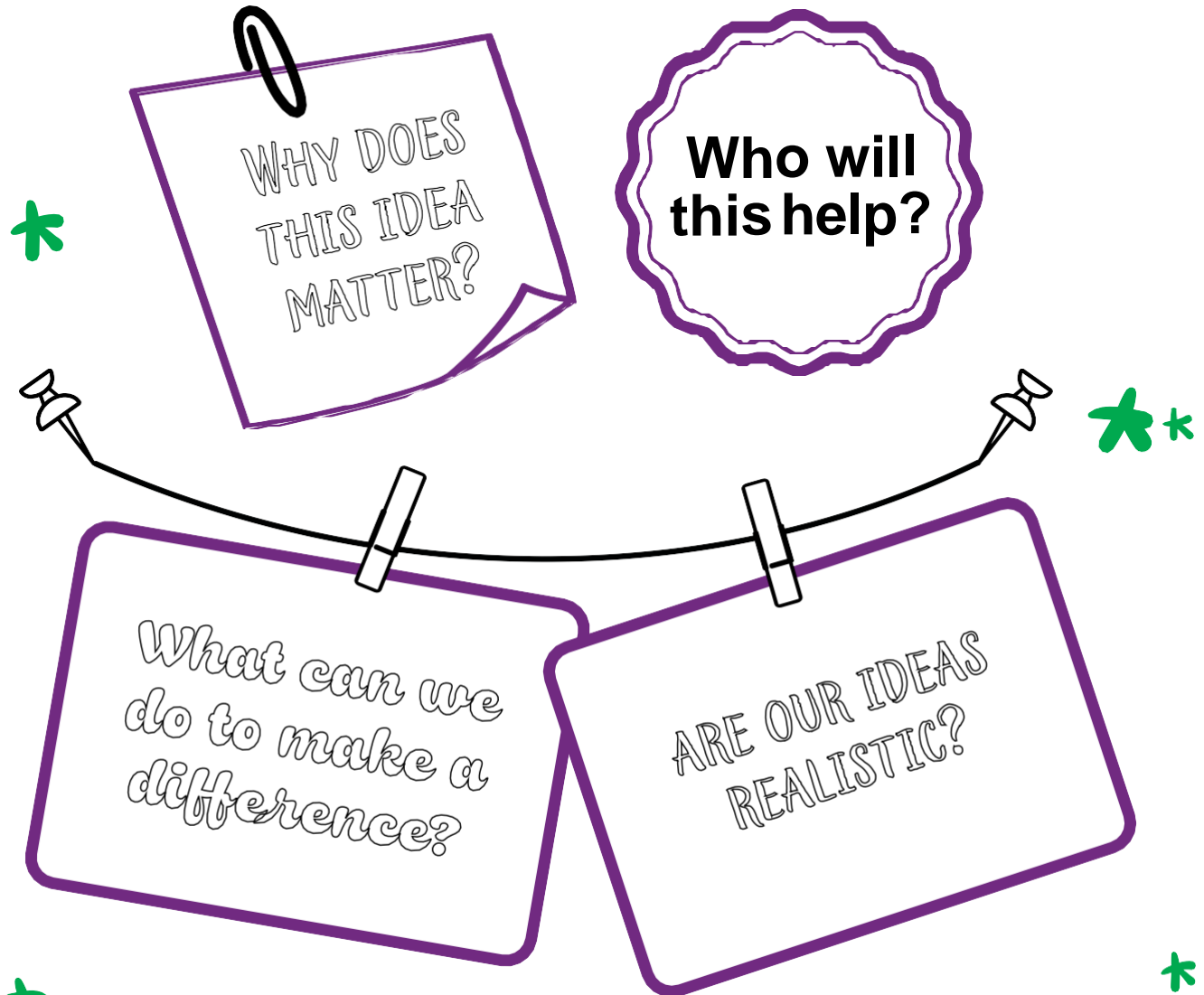


7

Share your project idea charts with your team.

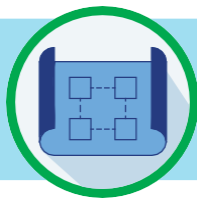
8

Together pick one project topic. If you're having trouble deciding, ask the questions below about each topic/issue. Your answers may help you.



What project topic did you choose?





Step 5: Make a Plan



Great job! By now, you've already learned some things about your community. And you've picked a topic for your Bronze Award Take Action project. Give yourself and your team a pat on the back! Ready to move forward? Start by making a plan. It's a surefire way to get off to a good start. *Think your plan through by answering these questions:*

WHAT is the goal of
your team project?

WHAT special talents can
each girl use to make the
project a success?

How Can You Get
Other People Involved?

What Steps Does Your Team
Need To Take to Reach the
Project Goal?





**WHAT SUPPLIES WILL
YOUR TEAM NEED?**

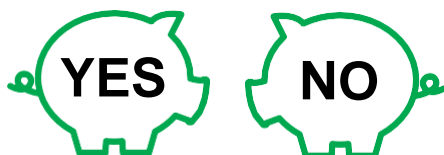


**WHAT WILL
IT COST?**




	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
TOTAL:	\$



Can you change the project so that
it doesn't cost anything?



**If not, how will your team
earn the money it needs?**

-  Donations
-  Girl Scout Cookie Program funds
-  Money-earning project

Can you make your project last?

Making your project last—even after you're done is called sustainability. Girl Scout Silver and Gold Awards are sustainable. So thinking about sustainability can help you prepare for these Highest Awards. *Read below to see how one team made their Bronze Award project sustainable.*



Sustainability: Here's what one team did...

One Bronze Award Girl Scout wanted to have more dietary options at her school. Having many dietary restrictions herself, she researched and found budget and allergen friendly items that the school cafeterias could adapt district wide. Her design provided appetizing and tasty meals to those with special dietary needs and allowed the schools to serve ALL their students. The new allergen friendly meals for all has been adapted district wide and the food services department continue to evolve their menu.



How could your team make your project sustainable?

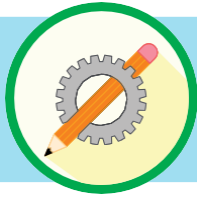
Ready to rock your plan?

Answer this question as a team and you'll be ready to roll in Step 6.



We will know we have made a
difference when...

A large dashed-line box for writing an answer.



Step 6: Put Your Plan in Motion

Use the Take Action Chart on this page to assign tasks and due dates. Use the log on the next page to keep track of the time YOU spend on your Bronze Award Take Action project. Make copies of these pages if you need more space.



Team Action Chart

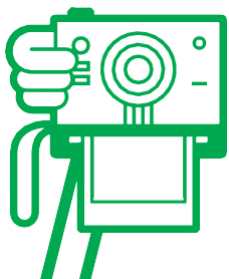


Action to Take

How We'll Do It

Due Date

Who Will Do It?



DON'T FORGET! Take photos or shoot video to document your Bronze Award Take Action project as you work on it. Use these items to tell your Bronze Award story in *Step 7: Spread the Word*.



You can use this log to track the time you spend on your Girl Scout Bronze Award Take Action Project.



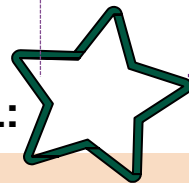
DATE _____

WHAT I DID

TIME SPENT

[illegible]

TOTAL:





Step 7: Spread the Word

Each Bronze Award Take Action project tells a story of inspiration and teamwork. It's also a story of change for the better. Before you submit your final report, tell your story! When you tell your story, be creative and have fun. After all, your story celebrates all you have accomplished.

How will your team tell their Bronze Award story?

It's up to you, of course! You can:

- ◆ *Create a presentation*
- ◆ *Make a photo collage*

- ◆ *Put together a scrap book*
- ◆ *Create a short video*

Think about these questions as a team. Your answers can help you put your Bronze Award story together.

How did you decide what
was needed
in your community?

*How did you live out the
Girl Scout Promise
and Law?*



*How did you solve
problems that came up?*

How has your team made
the world a better place?

How did your team work
together?

*What did you discover
about yourself?*



Once you've put your story together, find ways to share it so that you can inspire others. Share your story with another Girl Scout troop, your service unit, or students at your school. You can post your story online with the help of your troop leader or another troop volunteer. Present your project at a community meeting. Or, display your project at a local library for others to see.

DID YOU KNOW?

As a Girl Scout, you're a member of a worldwide community.

There are Girl Scouts and Girl Guides in 146 countries! Take time to think about how people in other parts of the world might address the issue that you've chosen to work on. Are there ways to tell your story to people in other places so that they can learn about what you did?



Step 8: Submit Your Final Report

You've made it to the last step! Submit a final report about your Bronze Award Take Action project by February 1st to be recognized in the current membership year by Girl Scouts of Southern Arizona. If you miss that date, your absolute FINAL date is September 30th after your oldest team member finishes 5th grade.

You can submit your report online via email to awards@girlscoutsoaz.org. The link to the final report can be found on the Highest Awards page of our website: www.girlscoutsoaz.org

Girl Scouts of Southern Arizona is excited to learn about all you've accomplished, and we hope you're able to attend The Young Women of Distinction Celebration!

WHAT COMES NEXT?



Give thanks. Be sure to thank everyone who has helped you along the way. A hand-written note or an email with a project photo means a lot.

Celebrate Girl Scout-style. Plan on attending your Council Celebration to receive your Bronze Award pins and certificate.



Set your sights on Silver and Gold Awards. Imagine all you can do!



The Girl Scout Silver Award

- Earn the Girl Scout Silver award when you're in grades 6-8.
- Be registered as a Girl Scout Cadette.
- Complete a Girl Scout Cadette Journey before you begin.



The Girl Scout Gold Award

- Earn the Girl Scout Gold award when you're in grades 9-12.
- Be registered as a Girl Scout Senior or Ambassador.
- Complete two Senior or Ambassador Journeys or one Journey (if you've earned the Girl Scout Silver Award) before you begin.

Did you know?

The Gold Award is the highest achievement in Girl Scouts. Earning the Girl Scout Gold Award can help you stand out when you apply to college. And, some scholarships are just for Gold Award Girl Scouts. You can also enter at a higher pay grade when you enlist in the military as a Gold Award Girl Scout.

Gold Award Girl Scouts are recognized as leaders who make the world a better place!