

# Cinco De Mayo Fit Bingo

5 JUMPING JACKS	5 YOGA POSES	5 MINUTE WALK	5 SQUATS	5 SIT UPS
5 V-UPS	5 MINUTES OF JUMP ROPE	5 PUSH UPS	5 MOUNTAIN CLIMBERS	5 LUNGES
5 X 30 SECONDS OF FAST RUNNING	5 CRUNCHES	gsssoaz	5 LONG GRAPEVINES	5 X 30 SECOND PLANKS
5 SPIDERMAN PLANKS	5 X 30 SECOND WALL SITS	5 MINUTES OF STRETCHING	5 LONG JUMPS	5 TUCK JUMPS
5 CHAIR DIPS	5 LONG CRAB WALKS	5 STAR JUMPS	5 X 30 SECONDS OF GALLOPING	5 MINUTES OF DANCING TO YOUR FAVORITE SONG

